

# RACING CLUB OMEGA

Under the Technical Regulations of the British Cycling Federation  
on

**Sunday 1st JUNE 2014**

# SUSIES YOUTH TRACK MEETING

inc

**South Area rounds of the BCF's  
National Youth U16/U14/U12 Track Omnium and Regional Round for U10/US  
at the  
Palmer Park Stadium, Reading**

**from 1000 am**

## RACE OFFICIALS

Chief Track Commissaire:  
Track Commissaires:

Kay Ball  
Gisela Bradbury  
Peter Killby

With assistance from  
Promoter:

Palmer Park Velo  
Susan Knight  
events.rco@googlemail.com

The event is being held at **Palmer Park Stadium, Wokingham Road, RG6 1LF.**

Palmer Park Stadium is easily accessible from the M3, M4, and M40.

For those of you without Sat Nav:

**From the M4 (east or west) :** ~ Exit at Junction 10 onto A329(M) towards Reading, continue onto A3290. Take A4 towards Reading. At the first set of traffic lights turn left into St. Bartholomews Road. At T-junction turn left onto Wokingham Road. You will find Palmer Park Stadium on your left.

**From the M3 :** ~ Exit at Junction 3 and take the A322 towards Bracknell. In Bracknell pick up the A329(M) and follow the instructions as for M4.

**From the M40 :** ~ Exit at Junction 4 at High Wycombe and head south along the A404. At Maidenhead pick up the A4 towards Reading. Continue on the A4 past the end of the A3290. Turn left into St. Bartholomews Road and follow the instructions above.

Lastly I would like to give Palmer Park Velo RT a very big

# THANK YOU

For all their assistance in the promotion of this event on the day and their guidance and tips for using their venue .

# SUSIE ☺

## BC NATIONAL TRACK OMNIUM COMPETITORS NOTES :-

Gear check 8.30 – 9.05 – you need to be gear checked before you can sign-on. Gear check is located in track centre.

Sign on 8.40 – 9.10

Sign on will close at 9.10 prompt

Rider briefing

9.25 for all U14 and U16

9.40 for all other age categories

Track open for warm up

9.20 – 9.35 for U8, U10 and U12

9.35 - 9.50 for all U14 and U16.

Steady riding above the blue line, efforts below

Event start 10.00

For the event to run smoothly, please take the time to note the following:

We shall be using transponder timing. A transponder and suitable tie will be issued to you for a **£20 RETURNABLE DEPOSIT**. If you ride Reading Track League and have your own transponder, we expect you to be using it, so your data goes directly to your web page. (there will be no spare transponders available on the day). The transponder needs to be fixed low on your front fork – please ask at sign on if you have any problems. Transponders are not needed for the time trials. For all other races you will be placed last if you do not have a transponder on your bike. Please make sure you have your transponder on during the open track for warm up, so we can verify it is working correctly.

We are running to a tight schedule, so please make sure you listen out for announcements and keep an eye on the race program – ensure you are at your station for the pursuits and the riders holding pen for races in good time – if you miss your slot/event you will be placed last – we will not wait.

Check result board for keiren heats.

Immediately after every race the first three riders shall report to gear check. Do not return to the riders area before having your gear checked, or you risk disqualification.

U16s, if using extensions or a pursuit bike, must have their bikes checked and marked before the pursuit.

This check is in addition to the usual gear check.

Helmets must be worn at all times when on a bike.

Do not take both hands off the handlebars to celebrate – you will be placed last.

Crossing the track shall only be possible between races and at the designated crossing point – please follow the instructions of the crossing marshals.

### GEAR RESTRICTIONS

U8: 5-10m

U10: 5-40m

U12: 6-05m

U14: 6-45m

U16: 6-93m

### EQUIPMENT REGULATIONS ~

All riders - except Youth A - may only use cycles which conform to the following requirements:

Wheels shall have rims of no greater depth than 3.5cm of a minimum of 16 and a maximum of 40 spokes. Spokes can be round, flattened or oval but must not exceed 10mm in width. ( **Note Campagnolo Pista wheels WILL NOT be acceptable**) Machines with dropped handlebars shall be used.

Tri-bars, arm extensions and/or arm pads shall be prohibited.

For the pursuit, youth A riders may use cycles with tri-bars, arm extensions and/or arm pads and which comply with 2014 BC Technical Regulations.

Only youth A riders may use aero helmets.

All riders - only one sprocket is allowed on rear wheel.

- One number is to be worn for all races, facing to the side on the left – see photo. We cannot place you if we cannot see your number. Please make sure that long hair does not obstruct the numbers. Numbers must not be folded.

No bikes and/or rollers are allowed in the stands or the area adjacent to the stands as it contravenes the Palmer Park fire regulations.

Changing rooms and toilets are situated underneath the stands. There will be PortaLoos in the track centre **FOR COMPETITORS ONLY**.

Cakes and refreshments will be available throughout the day. You may erect a gazebo without side panels in the riders' enclosure. Large tents are not permitted. Officials and the first aid team need visibility of the track !!



**PRIZE FUNDS:**

<b>Youth A Boys &amp; Youth A Girls</b>	1st: £25.00	2nd: £20.00	3rd: £15.00
<b>Youth B Boys &amp; Youth B Girls</b>	1st: £25.00	2nd: £20.00	3rd: £15.00
<b>Youth C Boys &amp; Girls</b>	1st: £20.00	2nd: £15.00	3rd: £10.00
<b>Youth D Boys &amp; Girls</b>	1st: £20.00	2nd: £15.00	3rd: £10.00
<b>Youth E Boys &amp; Girls</b>	1st: £15.00	2nd: £10.00	3rd: £7.00

**PROGRAMME OF EVENTS****A1: U8 BOYS & GIRLS OMNIUM: 1 Lap TIME TRIAL**

	Station 1	Station 2	Station 3	Station 4
Heat 1	1	3	4	
Heat 2	2		5	6

**A2: U10 BOYS & GIRLS OMNIUM: 1 Lap TIME TRIAL**

	Station 1	Station 2	Station 3	Station 4
Heat 1	7	10	13	16
Heat 2	8	11	14	17
Heat 3	9	12	15	18

**A3: U12 GIRLS OMNIUM: 1 Lap TIME TRIAL**

	Station 1	Station 2	Station 3	Station 4
Heat 1	19	21	23	24
Heat 2	20	22		25

**A4: U12 BOYS OMNIUM: 1 Lap TIME TRIAL**

	Station 1	Station 2	Station 3	Station 4
Heat 1	26	30	34	
Heat 2	27	31	35	38
Heat 3	28	32	36	
Heat 4	29	33	37	39

**A5: U14 BOYS OMNIUM: 1km TIME TRIAL (2 laps)**

	Station 1	Station 2	Station 3	Station 4
Heat 1	40	46	51	57
Heat 2	41	47	52	58
Heat 3	42	48	53	59
Heat 4	43	49	54	60
Heat 5	44	50	55	61
Heat 6	45		56	

**A6: U14 GIRLS OMNIUM: 1km TIME TRIAL (2 laps)**

	Station 1	Station 2	Station 3	Station 4
Heat 1	62	64	66	68
Heat 2		65		69
Heat 3	63		67	70

**A7: U16 GIRLS OMNIUM: 1km TIME TRIAL** (2 laps)

	Station 1	Station 2	Station 3	Station 4
Heat 1	71	75	79	83
Heat 2	72	76	80	84
Heat 3	73	77	81	85
Heat 4	74	78	82	86

**A8: U16 BOYS OMNIUM: 1km TIME TRIAL** (2 laps)

	Station 1	Station 2	Station 3	Station 4
Heat 1	87	94	101	108
Heat 2	88	95	102	109
Heat 3	89	96	103	110
Heat 4	90	97	104	111
Heat 5	91	98	105	112
Heat 6	92	99	106	113
Heat 7	93	100	107	

**B: ELIMINATION RACE**

- 1: **U10/U8**: ~ dropped riders and 2 out of the bunch every lap, last 3 to contest Sprint, no free lap
- 2: **U12 BOYS & GIRLS** ~ dropped riders and 2 out of the bunch every lap, last 3 to contest Sprint, no free lap
- 3: **U14 BOYS** ~ dropped riders and 2 out of the bunch for the first 5 laps, then 1 out every lap, last 3 to contest Sprint, no free lap
- 4: **U14 & U16 GIRLS** ~ dropped riders and 2 out of the bunch for the first 5 laps, then 1 out every lap, last 3 to contest Sprint, no free lap
- 5: **U16 BOYS** ~ dropped riders and 2 out of the bunch for the first 5 laps, then 1 out every lap, last 3 to contest Sprint, no free lap

**C: SCRATCH RACE**

- |   |   |
|---|---|
| 1: <b>U10/8</b> ~ 4 laps                | 4: <b>U14 GIRLS &amp; U16 GIRLS</b> ~ 12 laps |
| 2: <b>U12 BOYS &amp; GIRLS</b> ~ 4 laps | 5: <b>U16 BOYS</b> ~ 20 laps                  |
| 3: <b>U14 BOYS</b> ~ 12 laps            |   |

**D: KEIRIN**

- |                                |                                     |
|--------------------------------|-------------------------------------|
| 1: <b>U8</b>                   | 4: <b>U14 BOYS</b>                  |
| 2: <b>U10</b>                  | 5: <b>U14 GIRLS &amp; U16 GIRLS</b> |
| 3: <b>U12 BOYS &amp; GIRLS</b> | 6: <b>U16 BOYS</b> ~ 20 laps        |

**E: POINTS RACE**

- 1: **U10/U8** ~ 5 Laps, points (5,3,2,1) with 4,2,0 laps to go
- 2: **U12 BOYS & GIRLS** ~ 6 laps, points (5,3,2,1) every two laps
- 3: **U14 BOYS** ~ 16 laps, points (5,3,2,1) every 4 laps
- 4: **U14 GIRLS /U16 GIRLS** ~ 16 laps, points (5,3,2,1) every 4 laps
- 5: **U16 BOYS** ~ 20 laps, points (5,3,2,1) every 4 laps

**SUSIES YOUTH TRACK MEETING  
LIST OF COMPETITORS****YOUTH U8 [E]**

- |                    |                                |
|--------------------|--------------------------------|
| 1. Greta CAREY     | Palmer Park Velo RT / awcycles |
| 2. Daisy PATTINSON | Solent Pirates                 |
| 3. James BROWN     | Palmer Park Velo RT / awcycles |
| 4. Ashton KING     | Palmer Park Velo RT / awcycles |
| 5. Digby LLEWELLYN | Poole Wheelers CC              |
| 6. Lewis SEAWARD   | Solent Pirates                 |

### **YOUTH U10 [D]**

7.	Poppy LEWELLYN	Poole Wheelers CC
8.	Jed SMITHSON	Hillingdon Slipstreamers
9.	Jack CROMIE	i-Team Cyclists' Club / In Tandem/ KSL
10.	Adam POTTER	i-Team Cyclists' Club / In Tandem/ KSL
11.	Thomas ASHCROFT	Palmer Park Velo RT / awcycles
12.	Arlo CAREY	Palmer Park Velo RT / awcycles
13.	Harry CLARKE	Palmer Park Velo RT / awcycles
14.	Jamie GOSTICK	Palmer Park Velo RT / awcycles
15.	Finn HAWKINS	Palmer Park Velo RT / awcycles
16.	William GADD	Poole Wheelers CC
17.	Dylan DAVISON	Solent Pirates
18.	Jamie WHITCHER	Solent Pirates

### **YOUTH U12 [C] – GIRLS**

19.	Jemma BOWLER	Hillingdon Slipstreamers
20.	Isabella ESCALERA	Hillingdon Slipstreamers
21.	Emily CONN	Palmer Park Velo RT / awcycles
22.	Alexa HAWKINS	Palmer Park Velo RT / awcycles
23.	Freya RICHARDSON	Portsmouth North End CC
24.	Amy CANTELO	Solent Pirates
25.	Poppy PATTINSON	Solent Pirates

### **YOUTH U12 [C] - BOYS**

26.	Sam KELLY	Bristol Cycling Development Squad
27.	George LEWIS	Hillingdon Slipstreamers
28.	Euan TAYLOR	M & D Cycles/Scimitar Sports
29.	James ASHCROFT	Palmer Park Velo RT / awcycles
30.	Arthur BOULTON	Palmer Park Velo RT / awcycles
31.	Euan MacLEOD	Palmer Park Velo RT / awcycles
32.	Joseph MASOERO	Palmer Park Velo RT / awcycles
33.	Duncan PRITCHARD	Palmer Park Velo RT / awcycles
34.	Jamie PULLEN	Palmer Park Velo RT / awcycles
35.	George SPOONER	Palmer Park Velo RT / awcycles
36.	Ryan HODGKYNS	Poole Wheelers CC
37.	Isaac ELLIOTT	Solent Pirates
38.	Sam FREEMAN	Solent Pirates
39.	Isaac WARRINGTON	Solent Pirates

### **YOUTH U14 [B] ~ BOYS**

40.	Rowan ELLIS	1st Chard Wheelers
41.	Joseph WEST	1st Chard Wheelers
42.	Charley CALVERT	Bournemouth Arrow CC/Hotel Collingwood
43.	Jamie HAYCOCK	Bournemouth Arrow CC/Hotel Collingwood
44.	Charlie KELLY	Bristol Cycling Development Squad
45.	Vaughan MARRIS	Fareham Wheelers Cycling Club
46.	Samuel CLARK	i-Team Cyclists' Club / In Tandem/ KSL
47.	Will COOPER	i-Team Cyclists' Club / In Tandem/ KSL
48.	Jay ALLEN	Palmer Park Velo RT / awcycles
49.	Thomas CLARKE	Palmer Park Velo RT / awcycles
50.	Jan CORSTEN	Palmer Park Velo RT / awcycles
51.	Liam HARRIS	Palmer Park Velo RT / awcycles
52.	Angus HAWKINS	Palmer Park Velo RT / awcycles
53.	Damon KING	Palmer Park Velo RT / awcycles
54.	Joshua KNOWLES	Palmer Park Velo RT / awcycles
55.	Callum MacLEOD	Palmer Park Velo RT / awcycles
56.	Max REED	Palmer Park Velo RT / awcycles
57.	Robert RYAN	Palmer Park Velo RT / awcycles
58.	Timothy SINCLAIR	Palmer Park Velo RT / awcycles
59.	Alistair FIELDING	Poole Wheelers CC
60.	Harry DRIDGE	Solent Pirates
61.	Alexi EDWARDS	Welwyn Wheelers CC

**YOUTH U14 [B] ~ GIRLS**

62.	Jamie KIMBER	Cotswold Veldrijden
63.	Caitlin PETERS	Fareham Wheelers Cycling Club
64.	Pfeiffer GEORGI	Giant Cycling Club - Halo Films
65.	Lorna BOWLER	Hillingdon Slipstreamers
66.	Lauren BOOTH	Newport Youth Velo Cycling Club
67.	Lucy GADD	Poole Wheelers CC
68.	Grace JORDAN	Rutrainingtoday CC
69.	Ella FREEMAN	Solent Pirates
70.	Amy PERRYMAN	Solent Pirates

**YOUTH U16 [A] ~ GIRLS**

71.	Emily ATTFIELD	1st Chard Wheelers
72.	Lucy EDMUNDS	Bournemouth Arrow CC/Hotel Collingwood
73.	Molly HAYCOCK	Bournemouth Arrow CC/Hotel Collingwood
74.	Eleanor HINE	Bristol Cycling Development Squad
75.	Harriet MELLOR	Hillingdon Slipstreamers
76.	Sophie TAYLOR	M & D Cycles/Scimitar Sports
77.	Lauren DOLAN	Mid Devon CC
78.	Natasha REDDY	Palmer Park Velo RT / awcycles
79.	Emma CLARKE	Palmer Park Velo RT / awcycles
80.	Amber JOSEPH	Palmer Park Velo RT / awcycles
81.	Emma PITT	Palmer Park Velo RT / awcycles
82.	Eve JEFFERIES	Poole Wheelers CC
83.	Rebecca RAYBOULD	Poole Wheelers CC
84.	Kara PERRYMAN	Solent Pirates
85.	Claire NEIL	Stratford CC
86.	Lauren MURPHY	Team Milton Keynes

**YOUTH U16 [A] ~ BOYS**

87.	Ryan WHITE	1st Chard Wheelers
88.	Joshua GAMSTON	Bournemouth Arrow CC/Hotel Collingwood
89.	James WAKEFIELD	Bournemouth Arrow CC/Hotel Collingwood
90.	Matthew COX	Bristol Cycling Development Squad
91.	Joseph HISCOTT	Bristol Cycling Development Squad
92.	Charlie MCDONALD	Bristol Cycling Development Squad
93.	Scott PEARCE	Bristol Cycling Development Squad
94.	Alex COLLINS	Fareham Wheelers Cycling Club
95.	Lewis MARTIN	Fareham Wheelers Cycling Club
96.	Etienne GEORGI	Giant Cycling Club - Halo Films
97.	Niall DAWKINS	Hillingdon Slipstreamers
98.	Carl JOLLY	Hillingdon Slipstreamers
99.	Charles PAGE	Hillingdon Slipstreamers
100.	Joseph CLARK	i-Team Cyclists' Club / In Tandem/ KSL
101.	Charlie COOPER	i-Team Cyclists' Club / In Tandem/ KSL
102.	Jamie HUTCHINSON	i-Team Cyclists' Club / In Tandem/ KSL
103.	Harvey MCNAUGHTON	i-Team Cyclists' Club / In Tandem/ KSL
104.	Thamana NEL	i-Team Cyclists' Club / In Tandem/ KSL
105.	Danny GRIFFITHS	Palmer Park Velo RT / awcycles
106.	Jacob KILBY	Palmer Park Velo RT / awcycles
107.	Joseph LINEHAN	Palmer Park Velo RT / awcycles
108.	Cameron THOMSON	Palmer Park Velo RT / awcycles
109.	Samuel WADSLEY	Poole Wheelers CC
110.	Joshua WILKINS	Rockingham Forest Wheelers
111.	Anthony ANDERSON	Sigma Sport.co.uk
112.	Alex JOLLIFFE	Team Terminator
113.	Alex JONES	Twickenham CC