

RACING CLUB OMEGA

Under the Technical Regulations of the British Cycling Federation

on

Saturday 9th April 2016

SUSIES YOUTH TRACK MEETING

inc

South Area rounds of the BCF's
National Youth U16/U14 Track Omnium and Regional Round for U12/U10
at the
BOURNEMOUTH CYCLING CENTRE, SLADES FARM BOURNEMOUTH **BH10 4EP**
from 1000 am

RACE OFFICIALS

Chief Track Commissaire
Chief Judge
Commissaires/Judges

Vern McClellan
Andy Chapman
Diane Marshall, Kay Ball
Heidi Fielding, Rob Ellis, Michele Ward,
Colin Price, Gordon Scott, Sarah Stockham

Starters:
PA
First aid Provision
Organiser:

Anthony Knight Tim Knight
Chris Courage
Collingwood Medical Services
Susan Knight
events.rco@googlemail.com

Lastly I would like to give everyone involved a very big

THANK YOU

For all their assistance in the promotion of this event on the day and their guidance and tips for using
their venue .

SUSIE 

BC NATIONAL TRACK OMNIUM COMPETITORS NOTES :~

Gear check 8.05 – 9.10 – you need to be gear checked before you can sign-on. Gear check will located in track centre. Please allow those with early sign on times to have their gears checked first

Sign on 8.10 – 9.20 **Please note Times U10 0810 U12 0820 U14 0830 U16 0840**
Sign on will close at 9.20 prompt. You need to be signed on and have numbers on before you can warm up

Track open for warm up **U10:** 0820 – 0835 **U12:** 0835 – 0850 **U14/16G:** 0850 – 0905
U14B: 0905 – 0920 **U16B Odds:** 0920 – 0935 **U16B Evens:** 0935 - 0950
Steady riding above the blue line, efforts below

Rider briefing 0910 for all U16's 0920 for all U10 and U12 0940 For all U14

Event start 10.00

For the event to run smoothly, please take the time to note the following:

We are running to a tight schedule, so please make sure you listen out for announcements and keep an eye on the race program – ensure you are at your station for the pursuits and the riders holding pen for races in good time – if you miss your slot/event you will be placed last – we will not wait.

PLEASE NOTE: In the event of all the U16 Boys signing on, this will exceed the track limit for their age group, so as per the Series Regulation their competition will be run as follows: After the Time Trial, the appropriate omnium points will be awarded in order of time achieved and then the field shall be split equally. The fastest Rider in the Time Trial shall ride in Group A, the second in Group B, the third in Group A, fourth in Group B and so on. For the remaining events each group shall race independently and score omnium points in accordance with the results in each event ridden. To gain the final overall result for the day the points of the two groups shall be combined with the rider with the highest score declared the winner. In the event of a tie, the quicker rider in the time trial shall be placed higher.

Check result board for Sprint heats.

Immediately after every race the first three riders shall report to gear check. Do not return to the riders' area before having your gear checked, or you risk disqualification.

U16s, if using extensions or a pursuit bike, must have their bikes checked and marked before the pursuit. This check is in addition to the usual gear check.

Helmets must be worn at all times when on a bike.

Do not take both hands off the handlebars to celebrate – you will be placed last.

Crossing the track shall only be possible between races and at the designated crossing point – please follow the instructions of the crossing marshals.

GEAR RESTRICTIONS

U8: 5-10m U10: 5-40m U12: 6-05m U14: 6-45m U16: 6-93m

EQUIPMENT REGULATIONS ~

Equipment

Youth B and C riders may only use cycles' which conform to the BC Technical Regulation 3.2.6

Wheels shall have rims of no greater depth than 3.5cm of a minimum of 16 and a maximum of 40 spokes.

Spokes can be round, flattened or oval but must not exceed 10mm in width. (**Note Campagnolo Pista wheels WILL NOT be acceptable**)

Machines with dropped handlebars shall be used. Tri-bars, arm extensions and/or arm pads shall be prohibited.

All riders shall comply with those gear restrictions as laid down in the current BC Technical Regulations.

For the pursuit, youth A riders may use cycles with tri-bars, arm extensions and/or arm pads and which comply with 2016 BC Technical Regulations.

Only youth A riders may use aero helmets.

All riders - only one sprocket is allowed on rear wheel.

RACE NUMBERS - PHOTO FINISH

Two Numbers are to be worn for all races, facing to the side on the left – see photo and diagram in envelope when you sign on. Numbers must not be folded/ trimmed or defaced. We cannot place you if we cannot see your number. Please make sure that long hair does not obstruct the numbers.

PLEASE NOTE: There will be **NO** refreshments available for competitors or spectators. You will need to ensure that you bring enough supplies for ALL DAY.

You may erect a gazebo without side panels in the riders' enclosure. Large tents are not permitted. Officials and the first aid team need visibility of the track !!!!

The nearest Hospital with an Accident & Emergency Department is

Royal Bournemouth Hospital

Castle Lane East

Bournemouth

BH7 7DW

Tel. 01202 303626



PRIZE FUNDS:

Youth A Boys & Youth A Girls	1st: £25.00	2nd: £20.00	3rd: £15.00
Youth B Boys & Youth B Girls	1st: £25.00	2nd: £20.00	3rd: £15.00
Youth C Boys & Girls	Awards		
Youth D Boys & Girls	Awards		

PROGRAMME OF EVENTS**A1: U10 BOYS & GIRLS OMNIUM: 500m TIME TRIAL (2 laps)**

2 laps	Station 1	Station 2	Station 3	Station 4
Heat 1	131	136	139	143
Heat 2	132	137	140	144
Heat 3	133	138	141	145
Heat 4	134	135	142	

A2: U12 GIRLS OMNIUM: 500m TIME TRIAL (2 laps)

	Station 1	Station 2	Station 3	Station 4
Heat 1	92		95	
Heat 2	93	94	96	97

A3: U12 BOYS OMNIUM: 500m TIME TRIAL (2 laps)

	Station 1	Station 2	Station 3	Station 4
Heat 1		119	123	127
Heat 2	116	120	124	128
Heat 3	117	121	125	129
Heat 4	118	122	126	130

A4: U14 BOYS OMNIUM: 1km TIME TRIAL (4 laps)

	Station 1	Station 2	Station 3	Station 4
Heat 1	69	75	81	86
Heat 2	70	76	82	87
Heat 3	71	77	83	88
Heat 4	72	78	84	89
Heat 5	73	79	85	90
Heat 6	74	80		91

A5: U14 GIRLS OMNIUM: 1km TIME TRIAL (4 laps)

	Station 1	Station 2	Station 3	Station 4
Heat 1	58	61	64	67
Heat 2	59	62	65	68
Heat 3	60	63	66	

A6: U16 GIRLS OMNIUM: 1km TIME TRIAL (4 laps)

	Station 1	Station 2	Station 3	Station 4
Heat 1	38	43	48	53
Heat 2	39	44	49	54
Heat 3	40	45	50	55
Heat 4	41	46	51	56
Heat 5	42	47	52	57

A7: U16 BOYS OMNIUM: 1km TIME TRIAL (4 laps)

	Station 1	Station 2	Station 3	Station 4
Heat 1	1	10	19	28
Heat 2	2	11	20	29
Heat 3	3	12	21	30
Heat 4	4	13	22	31
Heat 5	5	14	23	32
Heat 6	6	15	24	33
Heat 7	7	16	25	34
Heat 8	8	17	26	35
Heat 9	9		27	36
Heat 10		18		37

B: ELIMINATION RACE

dropped riders and 1 out of the bunch every other lap, last 2 to contest Sprint, no free lap

- | | |
|---------------------|------------------|
| 1. U10 Boys & Girls | 5. U14 GIRLS |
| 2. U12 GIRLS | 6. U16 GIRLS |
| 3. U12 BOYS | 7. U16 BOYS Gp A |
| 4. U14 BOYS | 8. U16 BOYS Gp B |

C: SCRATCH RACE

- | | |
|------------------------------|----------------------------|
| 1. U10 Boys & Girls ~ 4 laps | 5. U14 GIRLS ~ 24 laps |
| 2. U12 GIRLS ~ 8 laps | 6. U16 GIRLS ~ 40 laps |
| 3. U12 BOYS ~ 8 laps | 7. U16 BOYS Gp 1 ~ 40 laps |
| 4. U14 BOYS ~ 24 laps | 8. U16 BOYS Gp 2 ~ 40 laps |

D: SPRINT

- | | |
|---------------------|------------------|
| 1. U10 Boys & Girls | 5. U14 GIRLS |
| 2. U12 GIRLS | 6. U16 GIRLS |
| 3. U12 BOYS | 7. U16 BOYS Gp A |
| 4. U14 BOYS | 8. U16 BOYS Gp B |

E: POINTS RACE

- | | |
|------------------|--|
| 1. U10 | 8 Laps, points (5,3,2,1) with 4, 0 laps to go |
| 2. U12 GIRLS | 12 laps, points (5,3,2,1) every km (8, 4, 0 laps to go) |
| 3. U12 BOYS | 12 laps, points (5,3,2,1) every km (8, 4, 0 laps to go) |
| 4. U14 BOYS | 40 laps, points (5,3,2,1) every 2 km (32, 24, 16, 8, 0 laps to go) |
| 5. U14 GIRLS | 40 laps, points (5,3,2,1) every 2 km (32, 24, 16, 8, 0 laps to go) |
| 6. U16 GIRLS | 48 laps, points (5,3,2,1) every 2 km (40, 32, 24, 16, 8, 0 laps to go) |
| 7. U16 BOYS Gp A | 48 laps, points (5,3,2,1) every 2 km (40, 32, 24, 16, 8, 0 laps to go) |
| 8. U16 BOYS Gp B | 48 laps, points (5,3,2,1) every 2 km (40, 32, 24, 16, 8, 0 laps to go) |

A full result shall be produced for the first four events. For these four events only, each winner shall be awarded 40 points, each second place shall be awarded 38 points, each third place shall be awarded 36 points, etc. Riders ranked 21st and below shall each be awarded 1 point

For the final event (the Points Race) the Lap Points attained by each rider shall be added to those points gained through their placings in the other four events

SUSIES YOUTH TRACK MEETING

LIST OF COMPETITORS

YOUTH U10 [D]

131.	Greta CAREY	Palmer Park Velo RT
132.	Amelie MACFARLANE	Palmer Park Velo RT
133.	Amy SINCLAIR	Palmer Park Velo RT
134.	Amber RICHARDSON	Portsmouth North End CC
135.	Grace RICHARDSON	Portsmouth North End CC
136.	James BROWN	Hillingdon Slipstreamers
137.	Iestyn JONES	Maindy Flyers Youth CC
138.	Alexander KEARY	Palmer Park Velo RT
139.	Finley MACFARLANE	Palmer Park Velo RT
140.	Daniele NEGRONI	Palmer Park Velo RT
141.	Patrick ATKINSON	Poole Wheelers CC
142.	Oliver GILL	Poole Wheelers CC
143.	Digby LLEWELLYN	Poole Wheelers CC
144.	Oliver PETTIFER	Poole Wheelers CC
145.	Lewis SEAWARD	Solent Pirates

YOUTH U12 [C] – GIRLS

92.	Zoe BACKSTEDT	Maindy Flyers Youth CC
93.	Elen PRICE	Maindy Flyers Youth CC
94.	Mia LOXLEY	Palmer Park Velo RT
95.	Rebecca PRITCHARD	Palmer Park Velo RT
96.	Francesca TAYLOR	Palmer Park Velo RT
97.	Poppy LLEWELLYN	Poole Wheelers CC

YOUTH U12 [C] - BOYS

116.	Jed SMITHSON	Hillingdon Slipstreamers
117.	Harry CODD	Maindy Flyers Youth CC
118.	Ifan ROBERTS-JONES	Maindy Flyers Youth CC
119.	Daniel TAYOR	Newport Youth Velo Cycling Club
120.	Thomas ASHCROFT	Palmer Park Velo RT
121.	Arlo CAREY	Palmer Park Velo RT
122.	Harry CLARKE	Palmer Park Velo RT
123.	Jamie GOSTICK	Palmer Park Velo RT
124.	Finn HAWKINS	Palmer Park Velo RT
125.	Benjamin GILL	Poole Wheelers CC
126.	Jamie WHITCHER	Poole Wheelers CC
127.	Dylan DAVISON	Solent Pirates
128.	Callum ROBINS	Solent Pirates
129.	Tomos PERKINS	Towy Riders
130.	Peter DRABBLE	VC Meudon

YOUTH U14 [B] ~ BOYS

69.	Sam KELLY	Bristol Cycling Development Squad
70.	Mateusz RYDLEWSKI	Bristol Cycling Development Squad
71.	Bevan SMITH	Cardiff JIF
72.	Liam JAMES-MORRIS	Maindy Flyers Youth CC
73.	Tomos MOYNIHAN	Maindy Flyers Youth CC
74.	Ryan PHILLIPS	Maindy Flyers Youth CC
75.	Gethin PRICE	Maindy Flyers Youth CC
76.	Ayrton SMITH	Maindy Flyers Youth CC
77.	Rhys THOMAS	MnD Fusion RT / Gearclub / WORX
78.	Ryan ABRAM	Newport Youth Velo Cycling Club
79.	Aled ROBERTS	Newport Youth Velo Cycling Club
80.	Jacques TAYLOR	Newport Youth Velo Cycling Club
81.	Samuel BERRY	One and All Cycling
82.	James ASHCROFT	Palmer Park Velo RT
83.	Duncan PRITCHARD	Palmer Park Velo RT
84.	George SPOONER	Palmer Park Velo RT
85.	Thomas DAY	Poole Wheelers CC
86.	Owen GILES	Portsmouth North End CC
87.	Euan TAYLOR	Salt & Sham Cycle Club
88.	Isaac WARRINGTON	Solent Pirates
89.	Bryn DAVIES	Towy Riders
90.	Evan RICHARDS	Towy Riders
91.	Sami VAUDREY	Zappi's Cycling Club

YOUTH U14 [B] ~ GIRLS

58.	Laura CURLE	Bristol Cycling Development Squad
59.	Danielle PARKER	Cycle Specific
60.	Jemma BOWLER	Hillingdon Slipstreamers
61.	Emily CONN	Palmer Park Velo RT
62.	Alexa HAWKINS	Palmer Park Velo RT
63.	Niamh HUTCHINSON	Palmer Park Velo RT
64.	Jennifer OLIVER	Palmer Park Velo RT
65.	Freya RICHARDSON	Portsmouth North End CC
66.	Amy COLE	Towy Riders
67.	Emma FINUCANE	Towy Riders
68.	Rosie FINUCANE	Towy Riders

YOUTH U16 [A] ~ GIRLS

38.	Elynor BACKSTEDT	Backstedt Cycling
39.	Ella BARNWELL	Backstedt Cycling
40.	Isabel ELLIS	Backstedt Cycling
41.	Elena SHAW	Backstedt Cycling
42.	Niamh JONES	Bike Doctor
43.	Jamie KIMBER	Cotswold Veldrijden
44.	Freya THATCHER	Giant Cycling Club - Halo Films
45.	Lorna BOWLER	Hillingdon Slipstreamers
46.	Caitlin PETERS	I-Team Cyclists' Club
47.	Emily BRIDSON	JCAYA
48.	Pfeiffer GEORGI	Liv Cycling Club - Epic Coaching
49.	Francesca STOREY	MnD Fusion RT / Gearclub / WORX
50.	Kate MINGAY	Newport Olympic Cycling Club
51.	Emily ABRAM	Newport Youth Velo Cycling Club
52.	Jessica TAYLOR	Newport Youth Velo Cycling Club
53.	Chloe JONES	Palmer Park Velo RT
54.	Connie STEVENS	Palmer Park Velo RT
55.	Lucy GADD	Poole Wheelers CC
56.	Emily LARWOOD	Sportcity Velo
57.	Mercy WEBB	Velo Club Venta

YOUTH U16 [A] ~ BOYS

1.	Rowan ELLIS	1st Chard Wheelers
2.	William TIDBALL	1st Chard Wheelers
3.	Freddy BALL	Andover Wheelers
4.	James CODD	Backstedt Cycling
5.	Owain ROBERTS	Backstedt Cycling
6.	Joseph WEST	Backstedt Cycling
7.	Alistair FIELDING	Black Line
8.	Charley CALVERT	Bournemouth Arrow/Hotel Collingwood
9.	Jamie HAYCOCK	Bournemouth Arrow/Hotel Collingwood
10.	Ben WRIGHT	Bournemouth Arrow/Hotel Collingwood
11.	George BAZLEY	Bristol Cycling Development Squad
12.	Morgan CURLE	Bristol Cycling Development Squad
13.	Charlie KELLY	Bristol Cycling Development Squad
14.	James SILCOX	Cardiff Ajax CC
15.	Tom SILCOX	Cardiff Ajax CC
16.	Zach BRIDGES	Cardiff JIF
17.	Daniel MACLEAN-HOWELL	Cardiff JIF
18.	Oscar MINGAY	Cardiff JIF
19.	Ryan PIKE	Cardiff JIF
20.	Jamie BRAY	Chippenham & Dist Whls
21.	Nathan HUYNH	Cotswold Veldrijden
22.	Vaughan MARRIS	Fareham Wheelers Cycling Club
23.	Matthew BURKE	Newport Olympic Cycling Club
24.	Oliver ROWLANDS	Newport Youth Velo Cycling Club
25.	Thomas CLARKE	Palmer Park Velo RT
26.	Jan CORSTEN	Palmer Park Velo RT
27.	Edward GENNEY	Palmer Park Velo RT
28.	Joshua KNOWLES	Palmer Park Velo RT
29.	Troy LOXLEY	Palmer Park Velo RT
30.	Robert RYAN	Palmer Park Velo RT
31.	Dylan TAYLOR	Palmer Park Velo RT
32.	Elliot COX	Portsmouth North End CC
33.	Thomas CHALLEN	Solent Pirates
34.	Adam LONG	Solent Pirates
35.	Oscar WARRINGTON	Solent Pirates
36.	Tom DAVIES	Speedflex Race Team
37.	Alfie PETERS	T1Diabetes.info