

Under the Technical Regulations of the British Cycling Federation
RACING CLUB OMEGA

SUNDAY 31st JULY 2016

OMEGA PORTSMOUTH CIRCUITS

Mountbatten Centre, North End, Portsmouth

OFFICIALS: Chief Commissaire Peter Humphreys
Commissaires / Judges Dennis Keene
First Aid Collingwood Medical Services
Organiser: Mrs Susan W KNIGHT
21 Bedhampton Road, North End
PORTSMOUTH PO2 7JX

Prizes will be announced on the day

0900 4 / J4 Category riders 30 mins + 3 laps Junior Gear Restriction: 7.93 metres

1.	Patrick RETALLICK	4	British Cycling Private Member - Central
2.	Garrick BASSEY	4	Southampton University RC
3.	Russell THOMSON	4	Wight Mountain RT
4.	Martin SANDERS	4	WightlinkLCM Systems Cycle RT

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0940 4 / J4 Category riders 30 mins + 3 laps Junior Gear Restriction: 7.93 metres

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36.

1015 YOUTH U8 [E]

131.
132.
133.
134.
135.

Gear Restriction: 5.10 metres

1025 YOUTH U10 [D]

111.
112.
113.
114.
115.

Gear Restriction: 5.40 metres

1040 YOUTH U12 [C]

91.
92.
93.
94.
95.

Gear Restriction: 6.05 metres

1100 YOUTH U14 [B] BOYS

61. Owen GILES
62.
63.
34.

Gear Restriction: 6.45 metres
Portsmouth North End CC

1140 YOUTH U16/U14 [A/B] GIRLS

31.
32.
33.
34.

Gear Restriction: A: 6.93 / B:6.45 metres

1220 YOUTH U16 [A] BOYS

1. Joshua KNOWLES
2.
3.
4.
5.

Gear Restriction: 6.93 metres
Palmer Park Velo RT / aw cycles

1300 3/J3 Category riders 40 mins + 3 laps Junior Gear Restriction: 7.93 metres

51.	Paul GILES	3	Portsmouth North End CC
52.	Alexander CROSS	J3	RP Vision Racing Team
53.	Ian DONOHUE	3	Southern Planning Practice Ltd
54.	James MEAKIN	3	UK-Biking/Copyrite
55.	Mike ANDERSON	3	VC St Raphael
56.	Thom HAYWARD	3	Velo Club Venta
57.	Kevin FOSTER	3	WightlinkLCM Systems Cycle RT

1340 WOMEN 40 mins + 3 laps Junior Gear Restriction: 7.93 metres

1. Hilde OUDMAN W3 Starley Racing

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1430 3/J3 Category riders 40 mins + 3 laps Junior Gear Restriction: 7.93 metres

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1515 E / 1 / 2 Category riders 60 mins + 3 laps Junior Gear Restriction: 7.93 metres

1. Mike SMITH 1 Cycleworks.co.uk
2. Ben SENEVIRATNE 2 Full Gas Racing Team
3. Henry LATIMER 1 PMR@Toachim House
4. Jason DUCKWORTH 2 VeloVitesse/ALLCAP/Push

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Entry to the Cycle Track will be through the North side gate. You will need to access the venue from the opposite side to the main entrance via Alex Way.

The Track Room will be used for Signing on, and only the event Officials and Competitors will be permitted in the room.

Signing on Times are as follows:

CATEGORY	SIGN ON OPENS	SIGN ON CLOSES	START
4 / J4	0815	0845	0900
U8	0900	1000	1015
U10	0900	1000	1025
U12	0915	1010	1040
U14 Boys	0930	1030	1100
U14/U16 Girls	1000	1110	1140
U16 Boys	1030	1150	1220
3 / J3	1000	1230	1300
WOMEN	1130	1310	1340
3 / J3	1200	1400	1430
E/1/2/J1/J2	1230	1445	1515

Rollers for warming up on are to be placed at the back of the tarmac on the front walls of the grandstand. Rollers cannot be placed in the gangways or inside any of the buildings/corridors. You will be asked to move them if they are incorrectly placed.

Please wait in the area in front of the track room orderly, with a pathway through for the public and room to allow the preceding event to leave the track.

Only event Officials and competitors will be allowed into the Cycle Track area, NO OTHER PERSONS will be allowed past the gate.

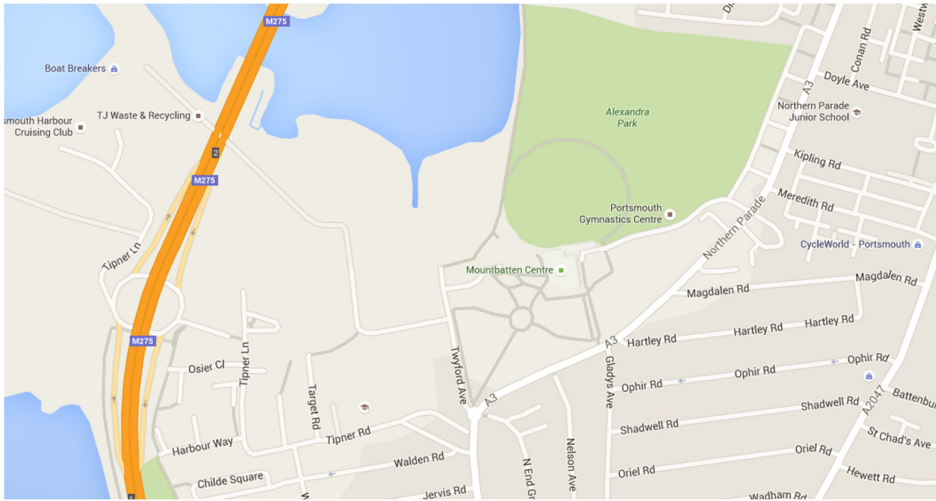
Field sizes have been reduced under the new style Risk Assessment and this will be adhered to, as exceeding the field sizes will invalidate BC event insurance.

Race Procedure:

Dropped / Lapped riders will now be withdrawn and laps out will be at the discretion Event organiser and Officials.

The event organisers reserve the right to amend/alter the evening procedure as they see fit.

Please note that all equipment and personnel items are the responsibility of the owner.



If travelling from the M275 and the south: Take the second slip on the M275 direction the International Ferryport (don't use the bus lane) and when the bus lane ends get into the extreme RH Lane and double back on yourself on the old road. Proceed north until the min RAB, to follow the road direction 'Out of City'. Mountbatten Centre and park is now on your left. Hedge and houses start on the left, bollards in road centre, then, as the road starts to bend there is a large gap between the houses. Turn left here into Alex Way. Go past the Gymnastic / Tennis / Indoor Bowls / Cannon Health Buildings, the track entrance gate is right at the bottom by the wall.



If travelling from the North and A27: Use the A3 (Northern Parade) and travel south into the city, as the road starts to bend to the right there are junctions on both sides of the road, between the houses, with a filter box in the centre of the road. Turn right into here into Alex Way. Go past the Gymnastic / Tennis / Indoor Bowls / Cannon Health Buildings, the track entrance gate is right at the bottom by the wall.

