

Under the Technical Regulations of the British Cycling Federation
RACING CLUB OMEGA

SUNDAY 23rd OCTOBER 2016

OMEGA PORTSMOUTH CIRCUITS

Mountbatten Centre, North End, Portsmouth

OFFICIALS: Chief Commissaire Gregg James
Commissaires / Judges Dennis Keene Michele Ward
First Aid Collingwood Medical Services
Organiser: Mrs Susan W KNIGHT
Events.rco@googlemail.com

Prizes will be announced on the day

0915 4 / J4 Category riders 30 mins + 3 laps Junior Gear Restriction: 7.93 metres

- | | | | |
|-----|----------------|----|--|
| 1. | Emyr GRIFFITHS | 4 | British Cycling Private Member - South |
| 2. | Matt BUCKLEY | J4 | Lovelo Cinelli RT |
| 3. | Leigh BASTABLE | 4 | Outdoor Traders Race Team |
| 4. | Mark NUTTALL | 4 | Slivester Brothers Cycling Club |
| 5. | David COOPER | 4 | WightlinkLCM Systems Cycle RT |
| 6. | | | |
| 7. | | | |
| 8. | | | |
| 9. | | | |
| 10. | | | |
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| 19. | | | |
| 20. | | | |

1000 YOUTH U8 [E]

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| 1. | Harrison HENDY |
| 2. | |
| 3. | |
| 4. | |
| 5. | |

Gear Restriction: 5.10 metres
IOW Cycling Club

1000 YOUTH U10 [D]

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|-----|----------------|
| 21. | William BLOUNT |
| 22. | |
| 23. | |
| 24. | |
| 25. | |

Gear Restriction: 5.40 metres

1015 YOUTH U12 [C]

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|-----|-----------------|
| 71. | Jamie WHITCHER |
| 72. | Matthew GILMOUR |
| 73. | |
| 74. | |
| 75. | |

Gear Restriction: 6.05 metres
Poole Wheelers Cycling Club
Velo Club Venta

PLEASE NOTE: if there are insufficient entries for separate races in the **U16/U14** categories then they will **compete together at 1130**

1035 YOUTH U14 [B] BOYS

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|-----|------------|
| 61. | Owen GILES |
| 62. | |
| 63. | |
| 64. | |
| 65. | |

Gear Restriction: 6.45 metres
Portsmouth North End CC

1110 YOUTH U16/U14 [A/B] GIRLS

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| 21. |
| 22. |
| 23. |
| 24. |
| 25. |

Gear Restriction: A: 6.93 / B:6.45 metres

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|-----|--------------|
| 36. | Ciara BLOUNT |
| 37. | |
| 38. | |
| 39. | |
| 40. | |
| 41. | |

1150 YOUTH U16 [A] BOYS

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|----|------------|
| 1. | Sam CLARK |
| 2. | Jordan LEE |
| 3. | |
| 4. | |
| 5. | |

Gear Restriction: 6.93 metres
i-tam Cyclists club

1230 WOMEN 40 mins + 3 laps

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| 1. | Hannah NICKLIN |
| 2. | |
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| 8. | |
| 9. | |
| 10. | |

Junior Gear Restriction: 7.93 metres
W3 Dulwich Paragon CC

1315 3/J3 Category riders 40 mins + 3 laps Junior Gear Restriction: 7.93 metres

51.	Aaron SMITH	J3	Bognor Regis Cycling Club
52.	Samuel WESTLAKE	3	Bristol RC
53.	Scott FRYER	3	British Cycling Private Member - South
54.	Vincent HARDING	3	British Cycling Private Member - South
55.	George KIMBER	J3	Cycle Sport Dynamo
56.	Nicholas HALE	3	Farnborough & Camberley CC
57.	Scott HEYHOE	3	Farnborough & Camberley CC
58.	Nicolas KIMISH	J3	I-Team Cyclists' Club
59.	Will HOLLAND	3	Lovelo Cinelli RT
60.	Paul GILES	3	Portsmouth North End CC
61.	Lewis BRAITHWAITE	3	Ride 24/7
62.	Paul WATKINS	3	Somerset RC - The Bicycle Chain
63.	Sam STEWART	3	Southdown Velo
64.	Kris COLLINS	3	Team Wiggle
65.	Mike ANDERSON	3	VC St Raphael

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67.
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70.

1415 E / 1 / 2 Category riders 60 mins + 3 laps Junior Gear Restriction: 7.93 metres

1.	Alex COLLINS	J2	Fareham Wheelers Cycling Club
2.	Ben SENEVIRATNE	2	Full Gas Racing Team
3.	Simon WORTHINGTON	2	GS Vecchi
4.	Andrew DISLEY	E	Harry Middleton Cycling Club
5.	Joseph CLARK	J2	I-Team Cyclists' Club
6.	Thomas BOWERING	2	PMR@Toachim House
7.	Rhys CLEGG	1	PMR@Toachim House
8.	Henry LATIMER	E	PMR@Toachim House
9.	George SMITH	2	Radeon-Bike Science RT
10.	Matt WITTS	2	Ride 24/7

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Entry to the Cycle Track will be through the North side gate. You will need to access the venue from the opposite side to the main entrance via Alex Way.

The Track Room will be used for Signing on, and only the event Officials and Competitors will be permitted in the room.

Signing on Times are as follows:

CATEGORY	SIGN ON OPENS	SIGN ON CLOSES	START	DURATION
4 / J4	0815	0845	0915	30 mins + 3 laps
U8	0900	0930	1000	10 mins
U10				
U12	0915	1045	1015	15 mins
U14 Boys	0930	1005	1035	35 mins
U14/U16 Girls	0945	1040	1110	35 mins
U16 Boys	1000	1120	1150	35 mins
WOMEN	1030	1200	1230	40 mins + 3 laps
3 / J3	1100	1245	1315	40 mins + 3 laps
E/1/2/J1/J2	1200	1345	1415	1 hour + 3 laps

Rollers for warming up on are to be placed at the back of the tarmac on the front walls of the grandstand. Rollers cannot be placed in the gangways or inside any of the buildings/corridors. You will be asked to move them if they are incorrectly placed.

Please wait in the area in front of the track room orderly, with a pathway through for the public and room to allow the preceding event to leave the track.

Only event Officials and competitors will be allowed into the Cycle Track area, NO OTHER PERSONS will be allowed past the gate.

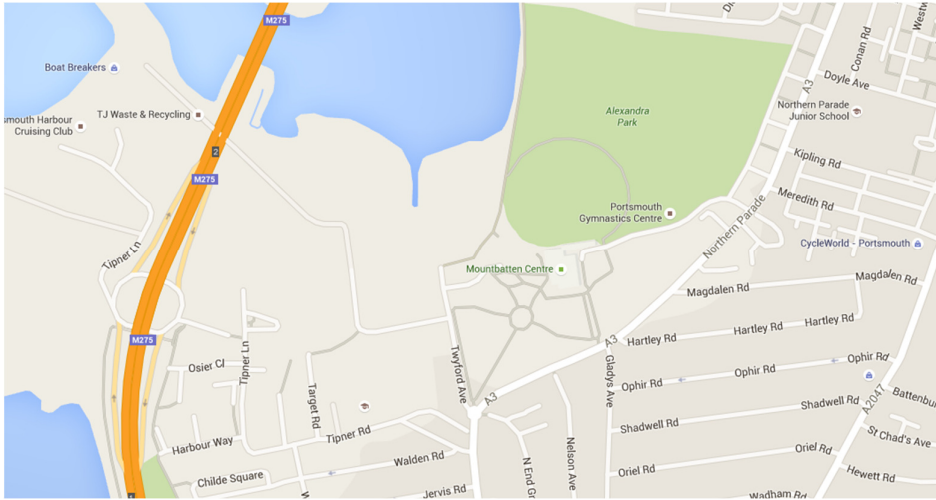
Field sizes have been reduced under the new style Risk Assessment and this will be adhered to, as exceeding the field sizes will invalidate BC event insurance.

Race Procedure:

Dropped / Lapped riders will now be withdrawn and laps out will be at the discretion Event organiser and Officials.

The event organisers reserve the right to amend/alter the evening procedure as they see fit.

Please note that all equipment and personnel items are the responsibility of the owner.



If travelling from the M275 and the south: Take the second slip on the M275 direction the International Ferryport (don't use the bus lane) and when the bus lane ends get into the extreme RH Lane and double back on yourself on the old road. Proceed north until the min RAB, to follow the road direction 'Out of City'. Mountbatten Centre and park is now on your left. Hedge and houses start on the left, bollards in road centre, then, as the road starts to bend there is a large gap between the houses. Turn left here into Alex Way. Go past the Gymnastic / Tennis / Indoor Bowls / Cannon Health Buildings, the track entrance gate is right at the bottom by the wall.



If travelling from the North and A27: Use the A3 (Northern Parade) and travel south into the city, as the road starts to bend to the right there are junctions on both sides of the road, between the houses, with a filter box in the centre of the road. Turn right into here into Alex Way. Go past the Gymnastic / Tennis / Indoor Bowls / Cannon Health Buildings, the track entrance gate is right at the bottom by the wall.

